

**What can you do with a Nutrition & Dietetics degree from SPU?**

The Nutrition and Dietetics major at Seattle Pacific University prepares you to become a Registered Dietitian (RDN). If you wish to become a Registered Dietitian, you must also complete a supervised dietetics internship of 1200 hours and successfully complete and exam offered by the Commission on Dietetic Registration.

**Potential occupations include:**

- Dietetic Technician
- Food and Nutrition Manager
- In-patient Clinical Dietician
- Out-patient Clinical Dietician
- Private Practice Dietician
- Research Dietician

**Other majors with similar requirements in the first two years**

Exercise Science, Life Science, Nursing, Psychology (BS)

**Suggested transfer preparation at Shoreline Community College**

Associate in Arts (AA-DTA)

**Courses in the major you may complete at Shoreline Community College**

Shoreline Community College Courses	Equivalent SPU Courses
ACCT& 201 Principles of Accounting I (5) – and – ACCT& 202 Principles of Accounting II (5)	ACCT 2361 Financial Accounting (5)
BIOL 231 Human Anatomy (5) – and – BIOL 232 Human Physiology (5) – OR – BIOL& 241 Human Anatomy & Physiology I (5) – and – BIOL& 242 Human Anatomy & Physiology II (5)	BIO 2129 Human Anatomy & Physiology (5) – and – BIO 2130 Human Anatomy & Physiology (5)
BIOL& 260 Microbiology (5)	BIO 3351 General Microbiology (5) *
CHEM& 121 Intro to Chemistry w/ Lab (5)	CHM 1310 Survey of General Chemistry (5)
CHEM& 131 Intro to Organic/Biochemistry (5)	CHM 1330 Survey of Organic Chemistry (5)
CHEM 255 Intro to Biochem for Sci Majors I (3) – and – CHEM 256 Intro to Biochem for Sci Majors II (3)	CHM 1360 Survey of Biological Chemistry (5)
MATH& 146 Introduction to Statistics (5) – or – MATH 211 Elements of Statistical Method (5)	MAT 2360 Intro to Stats for Sciences (5)
Choose <b>one</b> of the following courses: PSYC& 100 General Psychology (5) SOC& 101 Introduction to Sociology: CD (5) ANTH& 206 Cultural Anthropology (5)	PSY 1180 Gen Psych: Individual in Growth (5) SOC 1110 Introduction to Sociology (5) ANT 2250 Cultural Anthropology (5)

**Note:** Only courses with a regular grade of 1.7 (C-) or higher may count toward a major or minor.

**\*Indicates** that this course transfers as lower-division credit for the equivalent SPU course.

**Admission to the Major**

Apply to the major, in the Banner Information System, upon successful completion of the following prerequisite courses: BIO 2129, BIO 2130, CHM 1310, CHM 1330, CHM 1360, FCS 1050, and FCS 2365 or 3340. Successful completion is defined as having achieved a grade of C- or higher. An overall GPA of 3.0 or higher is required for entry to the major.

**Learn more about the Nutrition and Dietetics major at:**

<http://spu.edu/nutrition-and-dietetics>

<http://spu.edu/nutrition-and-dietetics-reqs>

**Get more information** about transfer admission to Seattle Pacific University at: <http://spu.edu/transfer>.

**Questions?** Contact [transfer@spu.edu](mailto:transfer@spu.edu).

### Courses in the major to complete at SPU

BUS 3614 Organizational Behavior for Managers (5) – or –
BUS 3657 Human Resource Management (5)
FCS 1050 Introduction to FCS (2)
FCS 2365 Food Science (5)
FCS 2375 Food Production & Management (5)
FCS 3240 Individual & Family Development (5)
FCS 3310 The Profession of Dietetics (2)
FCS 3321 Nutrition through Life Cycle (3)
FCS 3340 Human Nutrition (5)
FCS 3352 Nutrition Education & Counseling (5)
FCS 3365 Nutrition & Meal Planning (5)
FCS 4330 Advanced Nutrition & Metabolism (5)
FCS 4340 Medical Nutrition Therapy I (5)
FCS 4341 Medical Nutrition Therapy II (5)
FCS 4352 Community Nutrition (3)
FCS 4367 Experimental Foods (5)
FCS 4370 Nutrition Research (3)
FCS 4899 FCS Senior Capstone (3)

### Other requirements for the degree

In addition to the major, the degree requires completion of any remaining general education and University requirements, and at least 180 college-level credits total, including 60 upper-division (UD) credits.

All students must complete the University Foundations Requirement at SPU—even those who have completed the Direct Transfer Agreement (DTA) Associate Degree.

Students admitted with fewer than 90 credits (freshmen and sophomores) complete 15 credits:

- UFDN 1000 The Christian Faith (5)
- UFDN 2000 Christian Scriptures (5)
- UFDN 3100 Christian Theology (5)

Students admitted with 90 credits or more (juniors and seniors) complete 10 credits:  
UFDN 3001 Christian Scriptures (5)  
UFDN 3100 Christian Theology (5)

### Suggested course plan for your junior and senior years at SPU

Assumes junior standing at entrance and successful completion of ACCT& 201 and 202; BIOL& 231 and 232 or BIOL& 241 and 242; BIOL& 260; CHEM& 121 and 131; CHEM 255 and 256; MATH& 146 or MATH 211; and either PSYC& 100 or SOC& 101 or ANTH& 206, prior to transfer.

Junior Year			
AUTUMN	WINTER	SPRING	NOTES
<ul style="list-style-type: none"> <li>FCS 1050 (2)</li> <li>FCS 2365 (5)</li> <li>FCS 3310 (2)</li> <li>FCS 3340 (5)</li> <li>+ credits to total 15 – 18</li> </ul>	<ul style="list-style-type: none"> <li>FCS 3240 (5)</li> <li>FCS 3321 (3) -- or take this in spring.</li> <li>FCS 3365 (5) -- or take this in spring.</li> <li>+ credits to total 15 – 18</li> </ul>	<ul style="list-style-type: none"> <li>FCS 2375 (5)</li> <li>FCS 3321 (3) -- if not taken in winter.</li> <li>FCS 3365 (5) -- if not taken in winter.</li> <li>+ credits to total 15 – 18</li> </ul>	<ul style="list-style-type: none"> <li>Apply to the major upon successful completion of FCS 1050, and either FCS 2365 or 3340. Successful completion is defined as having achieved a grade of C- or higher.</li> </ul>
<b>ANY QUARTER:</b> <ul style="list-style-type: none"> <li>BUS 3614 (5) or BUS 3657 (5).</li> <li>UFDN, electives, general education, and University requirements.</li> </ul>			
Senior Year			
AUTUMN	WINTER	SPRING	NOTES
<ul style="list-style-type: none"> <li>FCS 3352 (5)</li> <li>FCS 4340 (5)</li> <li>FCS 4899 (3) -- or take this in winter.</li> <li>+ credits to total 15 – 18</li> </ul>	<ul style="list-style-type: none"> <li>FCS 4330 (5)</li> <li>FCS 4341 (5)</li> <li>FCS 4352 (3)</li> <li>FCS 4370 (3) -- or take in spring.</li> <li>FCS 4899 (3) -- if not taken in autumn.</li> <li>+ credits to total 15 – 18</li> </ul>	<ul style="list-style-type: none"> <li>FCS 4367 (5)</li> <li>FCS 4370 (3) -- if not taken in winter.</li> <li>+ credits to total 15 – 18</li> </ul>	<ul style="list-style-type: none"> <li>Apply to graduate in autumn quarter, or early in winter quarter.</li> <li>Students intending to become Registered Dietitians must also complete a post-bacc dietetic internship and pass the national exam.</li> </ul>
<b>ANY QUARTER:</b> <ul style="list-style-type: none"> <li>Remaining UFDN, electives, or general degree requirements.</li> </ul>			

